



THE SPA

Coral Reef Club

Wellness Week

09 – 16 March, 27 July – 03 August and 09 – 16 November 2019

The luxurious and charming Coral Reef Club or The Sandpiper with its intimate, boutique feel, can be your haven for a week of wellness activities centred at The Spa.

Each invigorating week will incorporate exercise packages as well as an all purpose Spa Wellness Package to achieve profound restoration for the body and senses. The package features activities personalised to your level of fitness, healthy culinary options and information to help you maintain a program into the future.

The activities will take place in various locations within the grounds of Coral Reef Club and around the island offering atmospheric views, tropical breezes and sublime sunrays. Choose the package that best suits you from the options below.

Wellness Retreat Package Options

1.	Platinum Package	10 classes	US\$200.00
2.	Gold Package	8 classes	US\$165.00
3.	Silver Package	4 classes	US\$ 80.00
4.	Single session	1 class	US\$ 22.50

The Wellness programs consist of differing formats and techniques for health, agility and endurance with International instructors who have honed their skills in Peru, Canada, USA, United Kingdom and Barbados.

- Pilates ▪ Yoga ▪ Beach Workout
- Caribbean Style Zumba ▪ Stretch Class

The Spa Wellness Package

Revitalize and replenish your being within the idyllic sanctuary of The Spa at Coral Reef Club. Enjoy the tranquil surroundings of the Thermal Spa Garden which entices complete relaxation and calmness. Shaded cabanas frame an invigorating Hydro Pool allowing soothing water jets to refresh and rejuvenate. Tensions evaporate in the warmth of the Steam Room harnessing the positive energy of the amethyst geode. Revitalize afterwards in the shell shaped Experience Shower. The cost of The Spa Wellness Package is **US\$375.00** per person and the package inclusions are:

- 50 Minute Muscle Melt, Detox or Aroma Fusion Massage
- 60 Minute Citrus Appeal Facial
- 50 Minute Mojito Magic or Lemongrass & Ginger Body Scrub
- Manicure or Pedicure (Elements/Rejuvenation or Revival)

All prices are per person and are net and non-commissionable
Classes may change due to unforeseen circumstances